

## BETTER LIFE

### Opener/Closer:

CIRCLE LEFT  
FRIDAY NIGHT AND THE MOON IS HIGH  
I'M WIDE AWAKE JUST WATCHIN' YOU SLEEP  
LEFT ALLEMANDE TURN YOUR PARTNER RIGHT  
LEFT ALLEMANDE GONNA WEAVE AROUND THAT RING AND GO  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
SO SWING YOUR LADY PROMENADE  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
WE'RE HEADED FOR A BETTER LIFE

### Figure:

HEADS (SIDES) PROMENADE AND GO HALF WAY ROUND THE RING YOU GO  
SIDES (HEADS) DO THE RIGHT & LEFT THRU  
SQUARE THRU FOUR HANDS YOU GO  
DO SI DO - DO AN EIGHT CHAIN FOUR GO  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
SO SWING THAT CORNER PROMENADE  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
WE'RE HEADED FOR A BETTER LIFE

### Break:

FOUR BOYS PROMENADE GO WALKING ROUND THAT RING YOU GO  
GET BACK HOME AND SWING  
YOU JOIN HANDS YOU CIRCLE LEFT GET WALKING ROUND  
LEFT ALLEMANDE AND WEAVE AND GO  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
SO SWING YOUR LADY PROMENADE  
SOMEDAY BABY, YOU AND I GONNA BE THE ONES  
WE'RE HEADED FOR A BETTER LIFE.

**SEQUENCE:** OPENER, FIG HEADS TWICE, BREAK, FIG SIDES TWICE, CLOSER, TAG  
SOLID GOLD RECORDS - 1101 N.8<sup>TH</sup> ST - BURLINGTON, IA 52601 - [www.solidgoldrecords.net](http://www.solidgoldrecords.net)